



# Clinic Manual

Winter 2017

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Dear Intern,

Congratulations, you are entering your clinical internship! You can be confident that your hard work and classroom studies over the last two years have readied you to practice your acupuncture skills in the school's clinic. Our goal is to provide you with a solid clinical training that prepares you for your next step - a career as a professional and effective practitioner of acupuncture. We also want it to be an enjoyable experience for all parties involved in the clinical program, including the faculty, administration, interns, and the patients, who choose to be treated in our clinic.

In addition to effective clinical training, we must always provide superior patient care. The care we provide patients will reflect positively on the acupuncture profession as a whole, and on our school, ensuring a bright future for the profession of acupuncture. The Eastern School, as well as the individuals who have chosen you to treat them, have entrusted in you, as an intern, that you will treat patients with respect. We are confident that you will be kind and courteous to all of the patients, and conduct yourself in a professional manner at all times. Finally, to assist in the smooth functioning of the clinic, we ask that you respect and cooperate with all clinical staff, your fellow interns, and the policies and procedures set forth in the pages that follow.

Again, congratulations and good luck! Thank you in advance for your cooperation.

Sincerely,

*Julie Puretz*

## **Introduction**

The Clinical Internship is the final component of your clinical training at the Eastern School of Acupuncture. By the time you reach the end of your second year as an Eastern School student, you will have completed the course work necessary to allow you to practice acupuncture safely and effectively in a supervised clinical setting. As a Clinical Intern, you will be asked to call upon your theoretical knowledge and developing clinical skills to approach patients as a compassionate, responsible, and respectful health care provider. This portion of the program is the transitional step between your life as a student and your life as a practitioner of acupuncture.

The Eastern School of Acupuncture's Intern Clinic is located at 440 Franklin Street, Suite 550 on the 5<sup>th</sup> Floor, Bloomfield New Jersey 07003. An externship clinic is located at the VA Hospital, 385 Tremont Ave., East Orange, NJ.

## **MISSION STATEMENT**

The purpose of the Eastern School of Acupuncture and Traditional Medicine is to offer professional training, education and services in acupuncture, Oriental medicine, and the traditional healing modalities that enhance the health and well-being of the greater community.

## **Using This Manual**

This manual was designed to be your guide and reference to your clinical training as well as to the Eastern School of Acupuncture Intern Clinic. It contains information about policies and procedures, patient protocol and file set up, grading and evaluation, graduation requirements, as well as other valuable information.

Please note that policies and requirements contained in this manual may change during your time in clinic. Any updated information will either be included in an appendix of Clinic Manual Updates at the back of this manual, or in the form of a revised and updated manual. You will need to refer back to this manual often.

# **1. Clinical Objectives:**

## **1.1 Objectives of Clinical Observation**

- To obtain familiarity with the procedures and policies of the Eastern School Clinic, as well as to become more familiar with a variety of clinical skills.
- To act as a passive observer, focusing on absorbing as much information as possible regarding all phases of patient treatment.
- To follow the Clinical Supervisor and develop an understanding of the clinical thought process in the formation of a clinical diagnosis and treatment

## **1.2 Objectives of Clinical Assistantship**

- To develop the ability to participate in the history taking, intake, diagnoses, treatment and management of patients.
- To develop the ability to create basic pattern diagnosis for patients, assist Interns in research and obtaining information necessary for the treatment of patients, and participate in case discussion as is appropriate.
- To assist in cleaning treatment rooms, obtaining supplies, cleaning cups and other tools, and becoming able to effectively recognize and use the forms used in clinic.
- To understand and be able to practice clean needle technique, and begin to assist as needed with adjunct techniques such as cupping, moxibustion, massage and gua sha as these skills are learned in your Clinical Skills classes.
- To become comfortable taking biomedical vital signs and develop time management skills.
- To demonstrate growing confidence with point location and to begin developing needling skills in your second semester of Assistantship under direct supervision from a Clinical Faculty.
- To begin developing treatment plans of your own over the course of the year, including entire point prescriptions, that you can discuss with the Interns or the Supervisor between patients.

### **1.3 Objectives of Clinical Internship**

- To become more confident in your diagnostic ability with both simple and more complex patients.
- To practice and improve time management skills.
- To engage in outside research in reference to your patients.
- To demonstrate the ability to develop and implement a treatment plan along with continued management of the patient.
- To be able to identify red flags that would require referral or further diagnostic assessment.
- To guide Assistants in their formulation of treatment plans and location of points during down time.
- To demonstrate a growing comfort and ability in needling skills and case prognosis and assessment.
- To become confident in your ability to develop and implement a treatment plan and be able to address every level of patient care.



## **2. Your Clinical Education:**

The clinical portion of a student's education begins immediately following the successful completion of the second year comprehensive exams (sections Acupuncture, OM Theory, Points practical location). As part of the clinical experience, each Intern in compliance with The Eastern School requirements are to complete 593.5 hours of acupuncture clinical Internship and document treatments for a minimum of 250 patients. All requirements must be met or exceeded in order to graduate.

It is strongly recommended that all Interns take two clinics shifts per semester (averaging 8 hours a week). This is the best progression to follow in order to graduate from the program on time. Although there will need to be semesters of three clinic shifts as well, it will give Interns a more broadly based educational experience. Interns are required to take at least one Japanese shift and one TCM shift in their Internship, and may choose their preferred shifts for the remaining shifts needed.

There will be no exceptions to any of the following Clinic Prerequisites unless approved by the Academic Dean, the Clinic Dean and the Director of the school. Students may not reschedule Clinic Orientation unless they have approval from the Academic Dean, the Clinic Dean and the Director of the school, are in good standing both in terms of financial and academic obligations, and pay a fee that will be determined at the time of rescheduling.

### **2.1 Prerequisites for All Clinical Internship**

- Successful completion of Year 1 and Year 2 course work required for qualification for comprehensive exams
- Attendance at the scheduled Clinic Orientation
- Successful completion of the first round of 2nd Year Comprehensive Examination
- Successful completion of the Clean Needle Technique National examination.
- Successful completion of Adult CPR certification valid to cover the clinical internship period.

### **2.2 Prerequisites for Japanese Acupuncture Clinical Internship**

- Successful completion of the aforementioned requirements
- Successful completion of or concurrent study of Japanese Kiiko Style coursework (or Kiiko Department Chair approval)

### **2.3 Prerequisites for Externships**

- Successful completion of the aforementioned requirements
- Completion of a one page essay describing why a student would like to participate in the (VA) externship
- A high level of academic achievement at Eastern (maintenance of 3.0 GPA)
- Teacher recommendations, including the Supervisor of the VA Externship shift
- Final approval by the Academic Dean and Clinic Dean

## **2.4 Clinic Sign-Up for Observers and Assistants**

The Sign-Up for observer shifts is available through Orbund on the scheduled dates of registration each semester. You will need use your username and password to sign on to Orbund and proceed to the registration area. You are able to register for any classes that you qualify for on the basis of the prerequisites as outlined in the courses of study in the catalog. Clinical shifts have limitations for interns (4) for most shifts and will be closed after these slots have been filled. In some cases, at the discretion of the Clinic Dean, exceptions will be made as to the number of interns allowed on a shift. The number of interns allowed at the externships will depend on the site and will be listed and accounted for on Orbund.

**View Your Schedule:** Clicking this will show just the dates and times of shifts you are signed up for, in a format that is easy to print.

## **2.5 Registration for Thursday and Friday Kiiko Shifts**

These shifts are registered for in the same way as all clinic shifts, however, students must be qualified to sign up for the shift or be approved by the Kiiko department chair to take the shift. Several times a year, we are fortunate enough to have Kiiko Matsumoto conduct a teaching weekend at the school. Part of this weekend includes a Friday clinic shift, where patients are treated by Interns under the supervision of Kiiko and our Japanese Acupuncture Faculty. Students are encouraged to attend these Clinical sessions, but must be qualified and must sign up in the appropriate manner.

### **1. Sign Up:**

A sign up form will be posted in the clinic no less than three weeks prior to the Kiiko Friday. Students not registered for Friday clinic must register by signing up on this form.

### **2. Prerequisites:**

Interns must be either currently enrolled in a Japanese shift OR have completed a Japanese shift. There are no requirements for first and second year students to attend and observe.

### **3. Shift Capacity and Priority:**

No more than a total of 15 students will be accepted to attend the shift. Once slots have been filled by qualified Interns (see above for prerequisites), the remaining openings will be available to first and second year students, with priority given to second year students.

Students will be accepted in the order in which they register for this shift if more than 15 students sign up, all students beyond this will be put on a wait list in the order in which they registered.

### **4. Cancellation:**

If a student is signed up for the Kiiko shift and has to drop it, they are able to do so without penalty up until 48 hours prior to the date of the shift. At this time, the next student on the wait list will be contacted to fill the slot. If a student drops out of the shift less than 48 hours prior or

does not show up, it will be treated as an unexcused clinic absence for a regularly scheduled shift and considerations will be made in the ability of the student to sign up for future Kiiko shifts.

## **2.6 Length of Clinical Observation/Assistantship**

### **Observation:**

Your year one clinical Observation hours is divided into two segments. Introduction to Clinical Observation provides students with the basis of how to be a successful observer in the clinic. Through familiarity of the clinical process and the clinical procedures of the Eastern School clinic, the most can be learned through observation of the clinical process at the school. This section is 30 hours long and completed in the student's second trimester.

Observation level one (1) consists of 60 observation hours in the Eastern School Clinic. Observers have an opportunity to follow and listen to a clinical Supervisor as they guide them through the clinical process essentially acting as a narrator to each step of the clinical encounter that the students will learn to participate in. Students will also have the opportunity to listen to the approach the Supervisor takes in the development of the treatment with the Intern for each patient on the shift. Practitioner shifts may also be available for observers to directly observe the Supervisors in practice. On-site observation is the beginning of your journey toward moving into a more active role as a Clinical Assistant in subsequent semesters. Observation must be successfully completed prior to moving into the Assistantship phase of clinical education.

### **Assistantship:**

Your Clinical Assistantship is divided into two sections, Observer Assistant (OA) and Intern Assistant (IA). Each of these Clinical Assistantships consists of onsite Assistantship in the School's clinic (or approved externships) for the course of your Assistant phase. Please refer to the curriculum outline for the hours required. The hours you complete for your Assistantship should be completed while on registered clinic shifts. You will not be approved to move into your Clinical Internship until these hours are completed, properly documented and approved by the Clinic Dean.

## **2.7 Length of Clinical Internship**

The Clinical Internship consists of 593.5 hours and is designed to be completed in 15 months. The internship class is a full semester in duration, and all shifts must be completed. Failure to do so will affect the final clinic grade and may negatively impact graduation.

If a student's attendance, lack of patient contacts, or disciplinary action such as suspension from the clinic cause attendance pass 12 calendar months, the student will be allowed a one month grace period

in which to schedule make up shifts at no additional charge. Makeups are completed through the college's Pink Slip policy and subject to approval from the Clinic Dean

Students have until the end of the semester to complete all makeups for the completion of their clinic shifts. In some cases, the Clinic Dean may grant a one month grace period for clinic shift makeups. If a student remains in clinic beyond the one month grace period, they must reapply for the next semester clinic shifts and will receive a failing grade for that shift.

## **2.8 Clinic Registration for Interns**

Clinic shift registration will occur one week after registration for didactic classes. Registration priority for interns occurs via the following process:

- 1-Interns are grouped into levels (Intern I, Intern II, Intern III)
- 2-Each group's members are put into an order utilizing a random choosing process
- 3-The list for Intern III will go first followed by Intern II, followed by Intern I.

Due to the credentialing process that is required to work in a hospital setting, those who are interested in the VA Externship will be asked to apply earlier than the time of normal clinic registration. All Interns will receive an email outlining the VA application process earlier in the semester. The VA shift is ranked according to specific required criteria.

**If you miss your scheduled time of registration, you can register at any time after your allotted time but are subject to closings due to full capacities of shifts. If you are not registered by the end of the registration period and desire to be on a clinic shift(s) for the semester, you will be registered for your shifts by availability by the registrar through the Clinic Dean. Please also note that if there are not enough students signing up for a particular shift, that shift may be dropped for the semester.**

## **2.9 Leave of Absence**

An intern may apply for a leave of absence through the Academic Dean in case(s) of illness, pregnancy, bereavement, or other family emergency. Your request will be discussed with you and decisions will be made on a case by case basis. An individualized and specific plan will be formulated to ensure that your Clinical Skills class and other components of your education are minimally affected as allowed through the college's policies. Specifics regarding a student's clinical progress as it relates to an approved leave of absence will be under the discretion of the Clinic and Academic Dean.

### **3. Clinical Supervision:**

One of the Eastern School of Acupuncture's great strengths is its diverse and highly qualified Clinical Faculty. Most of these individuals teach at Eastern School of Acupuncture while maintaining professional practices. Their combination of teaching and practical experience exposes interns to a depth and breadth of knowledge and skills.

Your Clinical Faculty's role is to provide instruction, feedback and evaluation of your clinical skills. This includes your preparation, diagnostic skills, acupuncture techniques and rapport with patients. Interns are expected to adhere to all recommendations and directives given by the Clinical Faculty member. Supervisors will lead their shifts to maintain an environment that can have students at all levels achieving the skills and competencies required to fulfill the level of their clinical education. Students are expected to comply with the directives of the Supervisor. If a student is uncomfortable with the directions of the Supervisor, please contact the Clinic Dean, Academic Dean, or college Director. Failure of a student to adhere to the reasonable recommendations and directives given by the Clinical Faculty will result in severe disciplinary action up to dismissal from the program.

Each Clinical Faculty observes and instructs interns with patients during each treatment to verify diagnostic and technical skills: they check tongue/ pulse/ abdomen, point location, needling, adjunctive techniques and interaction with patients as time allows. They become familiar with each patient's case, and discuss each case with the interns, providing instruction in developing diagnosis and treatment on a weekly basis.

It is strongly advised that you intern with as many different Clinical Faculty as your schedule allows. Our Faculty members come from as diverse a background as our Interns and can provide a wide range of expertise and skill. Occasionally, the Clinic Administration will reschedule an Intern to meet this perspective.

You will be working with experienced clinicians and you should take advantage of any free time in clinic to discuss clinical issues with them. Clinical Faculty may give you assignments related to clinic matters, or ask that you practice specific techniques such as needle skills, point location, and palpatory skills.

#### **3.1 Supervision Protocol**

During clinic hours, a Supervising Licensed Acupuncturist will be present at all times. All treatments provided at the Eastern School's Clinic must be authorized by the Supervisor and documented in the patient's chart. The Supervisor will assess each Intern's intake and all diagnoses, point prescriptions, point locations and other patient instructions must be approved by the Supervisor.

### **3.2 Communication With Your Supervisor**

It is not acceptable behavior for any student in clinic to exhibit demanding or hostile behavior toward your supervisor. If you do not agree with your Supervisor's assessment of the patient, you are encouraged to calmly and clearly present your point of view once back in the consult area. If your Supervisor does not support your approach, it is not appropriate to continue to argue the point. Proceed with the treatment plan that your Supervisor has approved. If you have continued disagreement with your Supervisor, please communicate this with the Clinic Dean. Above all else, while in the clinic please treat your Supervisor with the respect that their years of experience deserve and understand that theirs is the last word regarding patient treatment.

## **4. Grading and Evaluation:**

Each term you will receive quarterly evaluations from the Clinical Supervisors with whom you interact most often on your assigned shifts. These evaluations will evaluate your clinical performance, i.e. preparation, patient rapport, technique and diagnostic skills. Recommendations made during an evaluation will be monitored throughout the remainder of the term. As an Intern, you are also required to complete the checklists for every shift session attended. Non-interns are required to properly maintain and complete their clinic diaries .

### **4.1 Patient Referral Requirements**

Eastern School students are recommended to refer five patients per year, for a total of fifteen patients, to the Student Clinic. You can obtain a Patient Referral Form from clinic reception to document your referrals. Each patient you refer receives their first visit in the clinic at no cost. If a student would like to participate in a speaking engagement/health fair as an Eastern School representative, you may be able to be given credit in completion of Practice Management clinical competencies. Please consult the Clinic Dean regarding this possibility.

### **4.2 Internship Evaluation Criteria:**

1. Knowledge and application of theoretical concepts and pathology, measured by your ability to arrive at a clear diagnosis and to develop and modify treatment strategy as appropriate.
2. Practical treatment skills, measured by the following (dependent on level): point location, needle insertion and manipulation, moxibustion, cupping, bloodletting, gua sha, electro-acupuncture, magnets, ion pumping cords, palpatory techniques, the correct use of and maintenance of equipment, and your time-management skills for completing a treatment in the scheduled amount of time. Practical treatment skills also include awareness of and adherence to Clean Needle Technique, OSHA, HIPAA, and CNT Standard Precautions.
3. Your relationship with your patients and your overall approach to the clinical setting. This includes your ability to communicate effectively with patients, answering of

questions regarding their general health care, as well as specific acupuncture inquiries, to deal appropriately with patient psychological and emotional issues, and to professionally interact with your Clinical Faculty, other Interns and Clinic Staff. This also includes attendance, punctuality and professional responsibility during your shift.

4. Accurate documentation of medical records and thorough completion of all required forms and paperwork.

### **4.3 Poor Performance**

Following a semester evaluation, if you are judged by a Clinical Faculty member to be unable to meet the evaluation criteria, you will need to demonstrate improved skills through outside remediation. The Clinic Dean and Clinical Faculty will determine if you have adequate skill to remain in clinic while participating in review, or if you need to participate in remediation prior to returning to any clinic shift.

Outside remediation may include, but are not limited to the following:

- Topic specific tutoring with faculty members or school approved tutors
- Participation in additional Clinical Skills classes, case review classes, or by assisting another intern or acupuncturist.
- Retaking of comps/placement exams

Upon completion of this remediation process, you will be required to demonstrate proficiency in those skill areas initially deemed inadequate.

After two failures, you may be withdrawn from the clinic permanently, and therefore from the Eastern School of Acupuncture program altogether. An intern may be removed immediately from the clinic at any time for failure to perform adequately academically or for inappropriate or unprofessional behavior.

### **4.4 Student Clinical Self-Evaluation Forms**

Self-Evaluation forms are utilized for self-assessment to identify student's areas of concern and as an aid in defining areas that need specific attention. They are to be completed quarterly, though the Clinical Supervisor may request that a student fill out this form at any time. Once complete, the form is handed to the Clinical Faculty and a plan of action is formulated to assist the students in addressing any areas of concern.

### **4.5 Final Grade**

Your final clinic grade is determined based on your Supervisor's assessment of your performance as reflected in your shift evaluations.

The Clinic Dean will approve the final grade of the Clinical Internship considering the shift requirements are met in full. The Clinic Dean has the right to modify or add assignments / examinations/and assessments, as needed.

## 5. Clinic Attendance Requirements and Policies

Continuity of patient care and the smooth running of the clinic are dependent on student's attendance. You are required to sign in and sign out for each clinic shift, noting the time of your arrival and departure. An intern may not receive credit for attendance of a clinic shift if they fail to sign in and out for the shift.

In the case of an emergency that causes you to be absent for a clinic shift, you must:

- **Notify the Clinic Dean via email, text or phone call.**
- **Notify the Supervisor on duty via email, text, or phone call.**
- **Call the Intern Clinic (973) 746-2848 to notify reception directly.**
- **Email your fellow classmates that you are in need of coverage and copy the email to the Clinic Dean and Supervisor on duty.**

Failure to call will result in disciplinary action. More than three absences may require a meeting with the Clinic Dean. Chronic absences (with or without a doctor's note) will result in a two-week suspension or possible removal from your clinic shift at the discretion of the Clinic Dean.

**If you do not come to clinic on your assigned day and do not call, this is a serious infraction and you may be required to meet with the Clinic Dean for a disciplinary hearing. The consequences for failing to show without notification can be as severe as suspension and in the case of multiple offenses, dismissal.**

### 5.1 Excused Absence

An Excused absence is the only absence for which there is no grade penalty. **However, if a student exceeds more than three absences - Excused included - on any given shift, they risk removal from that clinic shift at the discretion of the Clinic Dean.**

If a situation arises in which a student must miss a clinic shift, the absence must fall under one of the following categories in order to be considered an excused absence, and must be approved by the Clinic Dean:

**1. Emergency Situations:** You must notify the clinic immediately if possible, within hours of the event or within 24 hours of a severe emergency.



This applies to the following:

- ***Illness or Medical emergency:*** Receipt or discharge summary from a physician or hospital is required to document an excused absence due to medical purposes.
- ***Family Emergency/ Death in the Family:*** Some manner of appropriate documentation of the emergency may be requested.
- ***Inclement Weather/ Emergency Related Closings:*** Interns are responsible to make-up any clinic days missed. All decisions regarding closing of clinic will be finalized by 6:30 a.m. on the day of the closing or by 12:00 p.m. that day for evening appointments. Information will be posted on the School's website and all students will be notified via text of such closings. A general rule of thumb is if the state colleges are closed for inclement weather, Eastern generally will follow. If you live a distance from the school and the weather there precludes you from traveling safely to school despite the school's clinic remaining open, you are responsible to call the clinic and also contact the Clinic Dean and inform them of this situation.

**2. Holidays:** Religious holidays are excused, however, you must inform the Clinic Dean and Clinic Staff **at the time of registration for that shift before the semester begins** what those holidays are and on what days you will not be attending clinic. If you do not give notice at the start of the semester, the holiday will not be considered an excused absence.

**3. Planned Absence:** Such absences, with proper notification and the procurement of a substitute, will be allowed up to three times, per shift, each semester.

The proper protocol for a planned absence is as follows:

- Inform the Clinic Dean and Clinical Faculty in writing **at least two weeks in advance** of your planned absence.
- Arrange to have another Intern cover your shift and inform the Clinic Dean, Clinical Faculty, and Clinic Staff of the substitution. This substitution must be approved by the Clinic Dean **at least two weeks in advance prior to the substitution taking place**. Without a two-week window, the substitution will not be granted. Three shift substitutions per semester will be allowed.

If you cannot find an intern to substitute for you, you can still request a day of absence at least two weeks ahead of the planned absence. **This excused absence in which a substitution was not possible is only permitted once per semester.** After this one excused absence is allowed with no exchange/substitution, any other such absences will be counted as Unexcused.

**4. Other Absences:** Such absences are considered excusable:

- Legal appointments, court dates, jury duty, mandatory military duty, etc.

Interns must notify the Clinic Staff and Clinic Dean at least TWO WEEKS in advance. You may be requested to show documentation of these events.

## **5.2 Unexcused Absence**

Absences that do not meet the aforementioned criteria are considered unexcused. This also includes the lack of proper notice for an excused absence or failure to secure a substitute as presented above.

## **5.3 Penalty For Unexcused Absences**

Two unexcused absences on the same shift will result in one full grade reduction. An “A” grade would become a “B”. Three unexcused absences on the same shift will result in the final grade being lowered two full letter grades. Depending upon clinical performance, this could result in failure of the clinic shift and the need to repeat the shift.

**Students with more than three unexcused absences total in a semester will receive an “F” for that clinic shift, will not receive credit for hours accrued on that shift, and must meet with the Clinic Dean, the Academic Dean and the Director of the School. Students failing a shift on these circumstances are still required to be in attendance for the remainder of the shift meetings for that semester.**

## **5.4 Tardiness/Early Departure**

Interns must arrive by the scheduled start of the shift. If you are late more than 15 minutes to your clinic shift, you will be marked “late”. Two late arrivals on the same clinic shift will be considered an Unexcused Absence and the above rules pertaining to penalty for unexcused absences will apply.

Lateness of more than 30 minutes will be counted as two late arrivals - ie; one Unexcused Absence.

In the case of a true emergency, it is expected that Interns will make every effort to notify the clinic and Clinical Faculty if they have run into circumstances beyond their control that cause them to be late. If “emergency occurrences” happen with relative frequency (more than twice a year), then these occurrences will not be viewed as unavoidable delays but cases in which the Intern needed to allow more traveling time and they will be treated as Unexcused Absences based on the above criteria.

Interns are not to leave their clinic shift before the time it officially ends without obtaining prior permission from the Clinic Dean. Early Departure will be treated the same as Lateness - if you leave more than 15 minutes early, you will be marked as Early Departure. Two Early Departures on the same clinic shift will be considered an Unexcused Absence. Leaving the clinic shift 30 minutes or more early will be considered an Unexcused Absence.

You are expected to arrive on time and be present for your assigned hours from beginning to end, whether or not you have patients scheduled. Time not spent treating should be filled with activities such as treatment room preparation, record updates, case discussion and research.

**Interns must ask the permission of the Clinic Faculty and notify the Receptionist before leaving the Intern Clinic area for any reason. Please note that leaving clinic to put money in parking meters, move your car, or obtain food is not acceptable behavior. There is long term parking**

available close to school, and you should bring any meal required with you to your shift. Plan ahead.

### 5.5 Make Up Shifts

Interns are strongly encouraged to make up any missed acupuncture clinic shifts in the style (TCM, Kiiko Style, Eclectic Style) that was missed.

Interns are **required** to complete all make up hours during the semester in which the absence occurred. In the event that a student is unable to make-up missed shifts in a timely fashion, it may result in a delayed graduation date or having to take an additional semester of clinic and the accrual of additional tuition charges.

If you need to make up missed clinic time, you may do so in one of two ways:

- Register for a make-up shift through the Pink Slip policy. This requires the approval of the Clinic Dean and must be done at least two weeks in advance of the date on which you wish to make up the shift.
- Substitute for another intern who cannot attend a shift due to a planned absence. This requires the approval of the Clinic Dean at least two weeks in advance of the date on which you wish to make up the shift.

**All Interns must notify the Clinic Dean in writing for make-up shift assignments or substitutions. If you do not gain prior approval in writing, you will not receive credit for the shift. Under no circumstances are you allowed to come to the clinic to make up a day without having made prior arrangements.**

When you make up a clinic shift, be sure to sign in on the Clinic Attendance Sheet by adding your name at the bottom of the sheet. If you do not sign in, you will not receive credit for the shift.

### 5.6 Recording Attendance

Students are required to sign in at the beginning of each clinic shift on the Clinic Attendance Sheet, and to sign out at the end of the shift. If you do not sign in or out for your clinic shift, you may won't receive credit for those hours. Alternatively, your Supervisor may choose to input attendance directly to Orbund. If you are making up a shift, add your name to the Clinic Attendance Sheet and sign in and out as outlined. If you have not received prior approval from the Clinic Dean to attend the clinic shift, you may not receive credit for those hours. **It is not enough to have the approval of a Supervisor or the Clinic Staff to attend a shift. You must receive prior approval, in writing, from the Clinic Dean in order to obtain credit for those clinic hours.**

## 6. Intern Responsibilities

As an Intern, you are expected to take your commitment to your clinic shifts very seriously. Your professional credibility is affected by your appearance, professional behavior, conduct and attitude toward patients, the Clinical Faculty, fellow Interns, School and Clinic administration and Office

Staff. The following section outlines the responsibilities of each Intern while participating in the Eastern School of Acupuncture Intern Clinic.

### **6.1. General Rules**

1. At no time may an Intern treat a Patient without prior approval from the Clinical Faculty as documented in the patient file.
2. At no time may an Intern treat a Patient without a NJ licensed practitioner member of the faculty of the Eastern School on-site.
3. As an Intern, you are treating Patients under the license of the Clinical Faculty on that shift. Even if you personally have other licenses that enable you to provide other treatment modalities, you may not practice those skills during clinical hours. Doing so is grounds for dismissal.
4. An Intern may never give advice of any kind outside of the realm of acupuncture to Patients. Any advice or recommendations given that are prescriptive in nature must be done while on the premises of the Eastern School of Acupuncture Intern Clinic, approved by your Supervisor and documented in the Patient's chart.
5. Interns are not allowed to confer with Patients about their treatment outside of the clinic and without clinical supervision. All contact with Patients should occur on clinic grounds or via the phone in the clinic area, with the appropriate Phone Notes Form filled out and added to the Patient's file documenting the content of the contact.
6. While in the Intern Clinic, you may only practice the modalities learned as a part of the curriculum of the Eastern School of Acupuncture. These are limited to: acupuncture, moxibustion, cupping, electrical stimulation, heat lamp, plum blossom massage, tui na, gua sha, bleeding, massage and qi gong. Techniques learned in the Kiiko style classes are able to be practiced under the supervision of a Supervisor trained in Kiiko style and approved by the Kiiko department chair.
7. Referrals to other health care practitioners require the approval of the Clinical Faculty before being given to the Patient, and must be documented in the Patient's chart.
8. Interns may not practice skills or methods learned in continuing education or elective courses such as cranial sacral therapy, Reiki, Korean acupuncture, Hari, or other bodywork or TCM modalities not taught in the Eastern School of Acupuncture curriculum.
9. When working with a partner, both Interns must be present for the intake, case discussion and treatment of the Patient in order to receive credit for the patient contact.

### **6.2 Dress Code**

You must wear professional clothing, maintain personal hygiene and conduct yourself in a professional manner, at all times. Clean white lab coats are to be worn at all times while participating on a clinic shift. Student identification tags should be worn on the chest area of the lab coat. Interns are required to be dressed in no less than business casual attire. Women may wear dresses, slacks and skirts with blouses or sweaters. Spandex or tight fitting leggings without a long skirt or tunic are not allowed. Revealing neckline, midriff, and skirt lengths, including mini-skirts are to be avoided. Men may wear casual pants (such as Khakis or cords) with collared dress shirts, turtlenecks, or collared polo style pullover shirts.

Blue jeans/denim, open toed shoes, sandals, heavy work boots, athletic attire, shorts, bare midriffs, clothes with ragged edges or holes, hats, or clothing with slogans, cartoon characters, etc are not appropriate and are considered unprofessional attire for the clinic. No athletic footwear is permitted. Medical scrubs are considered appropriate attire but are not encouraged.

Garish or excessively large jewelry will need to be removed prior to the start of the clinic shift. Nails should be short in length and well-manicured.

The overall aim is to look professional and modest.

Shoulder length hair should be tied back; hair should be clean and neatly groomed. Men should either be clean shaven or have trimmed beard /facial hair. All exceptions will be at the discretion of the Clinic Dean.

**As an intern you must wear a white lab coat and a name tag identifying you as an Intern/Observer/Assistant.** Name tags will be provided for you by the Eastern School of Acupuncture Intern Clinic on your first day; however you are responsible for supplying a lab coat. You are also responsible for keeping your lab coat clean and professional looking. In the event that you lose your name tag or your name tag no longer looks professional, please alert the Clinic Receptionist to request a replacement.

If what you are wearing is not considered appropriate, your Clinical Faculty notify you. Your Clinical Faculty can decide to have you go home to change if you are dressed inappropriately. You will be responsible for making up the time missed. If you are questioning the appropriateness of what you are choosing to wear, wear something else.

To accommodate the health needs of Patients, Staff, Faculty and Interns who may have allergies or chemical sensitivities, the Eastern School of Acupuncture Intern Clinic is designated as a scent free facility. Please do not wear any perfume or scented products while working in the clinic.

### **6.3 Cell Phone Use**

**Other than for use of Reference Applications that directly relate to clinic, cell phones are not allowed in the clinic at any time. Family members should be given the number to the Intern Clinic and be instructed to use it in the case of an emergency only.**

Please remember that Clinical Internship is a class that must be passed in order to graduate. In the same way that you are not allowed to take or make phone calls in a classroom, you are not allowed to take or make personal phone calls while you are completing time at the clinic. The clinic phone is primarily for use of the Reception Staff and Clinic Faculty in the performance of school related duties.

No student is to make long distance calls from this phone. Please refrain from carrying your cellphone into the clinic treatment room.

#### **6.4 Recording Clinic Hours**

In addition to the other requirements for graduation and licensure, the administration must have documentation of a minimum of **250** patient treatments for each student. This process is managed by having the Interns and Clinical Faculty record each patient as he/she is seen in the clinical setting.

On the first day of the term you should start a Student Record of Treatment and Assist Form. As these Record of Treatment and Assist Forms are completed, they are to be submitted to the Registrar. This is your major form of documentation for recording both your patient treatment numbers and calculating the number of new patient conditions treated. **It is the intern's responsibility at the end of each clinic shift to see that your treatment numbers have been properly recorded. It is highly recommended that you make a copy of each Student Record and Treatment and Assist Form for yourself before turning in a copy to the Registrar.**

Please note that students will not receive credit for shifts where they have not signed in and signed out on the attendance log. Given that patient treatments are expected to begin and end on time, students will not be given extra time credit if the last patient of the day causes the Interns to leave after the scheduled end of the clinic day. You will only receive credit for the allotted time of the clinic shift, nothing before or after that time frame. If you arrive late or leave early, you will not receive credit for that time missed.

#### **6.5 Time Management**

Show professional courtesy and establish good practice management policies by beginning and ending treatments at scheduled times. If you are having difficulty meeting time management goals, please work with your Supervisor to refine this skill. If your Patient arrives more than 15 minutes late for treatment, you have the option to refuse treatment or give a moderated treatment - work with your Supervisor to determine which course of action is best. If a treatment is started late, it should still end at the time it was originally scheduled to end.

#### **6.6 Record Handling**

Patient charts are legal documents and all information contained within them is confidential and cannot be shared or discussed outside the context of the clinic environment. Only Interns, their Supervisors and other students on the shift should have knowledge of the Patient's chart. Never discuss cases in public areas, use Patient names or identifying information when discussing cases, share any details about the Patient's condition with Clinic Staff members or disclose that a Patient is visiting the clinic. Under no circumstances should Patient charts be removed from the area of the clinic consult area or treatment rooms, or be photocopied without the expressed permission of the Clinic Dean and Academic Dean. Failure to return charts at the end of the clinic shift, removal of charts from the designated clinic areas or any breach of Patient confidentiality are serious violations and will result in disciplinary actions.

## **6.7 Patient Confidentiality**

Interns should confine all discussion about a Patient's treatment to the consult area or treatment room. Please be discreet when discussing Patient issues: keep your voices down, and never discuss a case in the hallway or outside of the clinical / educational setting.

Never ask Patients about their conditions outside of the treatment room. If a Patient starts to volunteer information prior to reaching a treatment room, it is your responsibility to redirect or end the conversation until you have reached a private space.

In order to ensure Patient confidentiality and in compliance with HIPAA standards, **no information may be photocopied from the Patient files, including follow-up forms.** All identifying information (such as name, specific place of employment etc.) must be omitted when presenting cases outside the clinic for papers or classroom discussion. All notes for class work must be hand copied from the files. Under no circumstances are files to be removed from the clinic. Interns who need to work on files or cases may come in during clinic hours of operation and sign out a Patient record for use.

Do not speak openly about a fellow classmate's treatment at the clinic unless you have that person's expressed permission to reveal the confidential aspects of their health history to the group for learning purposes, only.

## **6.8 Patient Consideration**

Greet your Patient by name using the appropriate title (ie; Mr, Ms. Dr etc...) in the waiting room and escort them to and from the treatment room. Do not allow Patients to wander unattended around the clinic or into unauthorized spaces, and at all times keep your voices low to avoid disturbing others.

Be professional in your dealings with Patients, and be thoughtful of their physical and emotional needs. The treatment room door should not be a 'revolving' one. Once in the room, try to stay in the room to avoid disrupting the Patient and the treating Interns. Always knock before entering a treatment room. Practice draping techniques to provide privacy to Patients. Interns should decide before entering the treatment room who will carry out which aspects of the treatment. Only the Interns assigned to a Patient should be in the treatment room, unless otherwise approved by the Clinical Faculty. While with a Patient, there should not be side conversations occurring amongst members of the Intern team.

At all times you should respect your Patients' modesty. Always leave the room when your Patient is changing and allow them plenty of time, and always knock before entering the treatment room.

Absolutely no monetary tips are accepted at the Eastern School of Acupuncture Intern Clinic.

## **6.9 Disciplinary Actions**

Student conduct policies and academic policies, as outlined in the Eastern School of Acupuncture Student Handbook, apply to the Clinical Internship/Assistantship/Observership. If these policies have been adjusted for application to the Clinical Internship/Assistantship/Observership, they have been outlined in this Clinic Manual.

As of April 2017, prior to entering clinic, all new clinical Interns will have signed a Statement of Acknowledgement, stating that they have read, are familiar with, and agree to abide by the guidelines in the Clinic Manual. In addition, Interns are required to be familiar with the Eastern School of Acupuncture Student Handbook.

Breaches of Clinical/Eastern School of Acupuncture protocol on the part of an Intern/Assistant/Observer may be responded to with either an Area of Concern Form or a Clinical Warning, depending upon the severity of the breach. The Clinic Dean or Clinical Faculty submits these disciplinary reports for inclusion in the student's file.

Incidents that may generate an Area of Concern Form include but are not limited to:

- Inappropriate attire
- Using foul or vulgar language in clinic
- Arriving late to clinic
- Leaving clinic early or for too long a time period
- Not attending case review
- Inappropriate interactions with Clinical Faculty/other Interns/Staff/Patients
- Incomplete record keeping
- Using perfume or scented products while working in the clinic
- Not wearing a name tag
- Leaving cups soaking overnight
- Failing to properly prepare a room for patient treatment
- Leaving a treatment room in disorder after use
- Failing to properly clean a room at the end of a scheduled shift
- Using an unassigned treatment room without authorization from the Clinical Staff
- Disruptive behavior
- Leaving a needle in a patient
- Burning a patient with moxa
- Leaving needles in the massage tables or on the floor
- In any way not following CNT Standard Precautions or failure to practice Clean Needle Technique, OSHA, or HIPAA compliance laws.

The Clinic Dean will review Area of Concern forms and take appropriate action. This will become part of the student's file.

Incidents that may generate a Clinical Warning include but are not limited to:



- Being absent from clinic without informing the appropriate parties
- Rendering treatment without pre-approval from Clinical Faculty
- Changing treatment without approval of Clinical Faculty
- Giving advice outside the scope of acupuncture to patients
- Repeated failure to prepare cases
- Contact with patients/Clinical Faculty outside of the clinic, except as outlined in the Internship Handbook
- Failure to adhere to directives of Clinical Faculty or the Clinic Dean (insubordination)
- Being sent home from the clinic for any reason (including inappropriate attire)
- Disruptive or Unprofessional behavior (including, but not limited to):
  - breach of patient confidentiality (including discussion of patient information outside of the clinic review room)
  - falsifying any records pertaining to clinic operations (including misreporting the number of clinic hours fulfilled by a student intern);
  - verbally lying about any clinical situation
  - chronic lateness or absenteeism
  - treating patients while under the influence of any substance which has impaired your thinking or faculties (i.e., illicit drugs, alcohol)
  - treating patients when you are emotionally or psychologically disturbed
  - treating patients while they are under the influence of illicit drugs, inebriated, or are severely emotionally or psychologically disturbed (consult with Clinic Faculty, appropriateness of treatment will be determined on a case by case basis)
  - failure to consult Clinic Faculty prior to administering any treatment (including giving an acupuncture treatment, or giving herbal, nutritional, exercise, or other advice, which was not pre-approved by the Faculty)
  - refusal to comply with the clinic dress code
  - photocopying or removing patient records from the clinic
  - any mistreatment of a patient, fellow clinic intern, or clinic staff
  - theft of patients' personal items, or clinic supplies
- Failure to fulfill academic requirements:
  - Incompetence - knowledge or skills are not sufficient for the competence that is required during the student's clinical internship. In this case, student interns will be required to demonstrate required competencies under the observance of the Clinic Faculty. A written evaluation, which becomes part of the students' permanent records, will be provided to the student and school officials. The Clinic Faculty and the Clinic Dean will determine an instructional action plan for any student who receives a poor evaluation in an attempt to raise the student's competency to the required level. In the case of gross incompetence, there is obvious concern for the patients' and the student interns' safety, and therefore, a verbal warning is **not** required and immediate suspension from clinic will result. The student intern will not be re-admitted to work in the clinic until he/she is able to sufficiently demonstrate acceptable levels of competency. The Eastern School may, at its discretion, expel any student for incompetence.
- Insufficient documentation of treatment administered (clinic forms must be completed

thoroughly by students, and items contained on the forms that do not pertain to the patient should be marked N/A (for not-applicable), but should never be left blank)

- Failure to complete treatment documentation on the same day the treatment was carried out.
- Refusal to be the clinic team leader when it is his or her turn to do so (the team leader leads the patient to the treatment room, ensures the patient's file contains all the requested information and documents, leads the discussion of the patient's case history in the review room prior to entering the treatment room, asks any additional questions of the patient which have been determined necessary, and carries out the acupuncture examination (inspection of the tongue, palpation, including pulse) in order to determine appropriate treatment.

Depending upon the severity of the infraction, further action may be taken as a result of a Clinical Warning, including but not limited to a convening of the Disciplinary Committee (includes the Academic Dean, the Clinic Dean and Clinical Faculty), whose action may include suspension from the clinic or dismissal from the program.

Any updates in the Student Handbook policies supersede those excerpted in the appendix of this handbook.

## 7. Clinical Procedures

### 7.1 Intern/Observer/Assistant Arrival

Observers and Assistants must arrive before or by the start of the shift and remain in the clinic for the entire shift. Upon arrival, sign in on the daily attendance sheet and change into your lab coat. You should not be tardy or leave early - once you sign up for a shift, you are committed to remaining for its total duration.

Once you sign in, speak with the Supervisor to determine which Intern(s) you will be following for that shift. Observers level one (1) will follow the Supervisor and the Supervisor should be made aware that you are ready to follow. For Assistants, the beginning of the shift is the time for you to speak with your Intern as to what they may expect of you in your role as their Assistant.

Interns need to arrive at the clinic before or by the start of the shift in order to pick up your schedule and files, set up your treatment room, review your charts and prepare for the day.

Upon arrival, immediately sign in on the daily attendance sheet, change into your lab coat and begin setting up your treatment room. Once your treatment room is set up, check the daily assignment schedule and pick up your charts from reception. In accordance with HIPAA requirements you must keep your file either in the clinic consult area or with you in the treatment room at all times. Under no circumstances are the files to be taken outside the student clinic or left in any area of the clinic other than the clinic consult space. **Any misuse of files will result in a two-week suspension from clinic. Files are to be pulled and re-filed by the Clinic Receptionist or Clinic Faculty only.**

## **7.2 Patient Treatment Logs**

Interns must have their patient treatment log signed by the Clinical Faculty each time they work in clinic. The sheets must be signed on the day the Intern worked in clinic. Upon completion of a documentation sheet (after every 25 patients treated), the Intern **MUST** complete all required data at the top of the sheet. Please submit this form to the Registrar.

## **7.3 Working With A Treatment Partner**

All clinic shifts that have more than four Interns will pair the Interns into teams. This is done to maintain the 4:1 Patient/Clinical Faculty ratio. Throughout a given shift, clinic partners remain together during the intake, assessment, diagnosis, and treatment of patients.

One Intern will be deemed the Lead Intern while the other will take on the role of Assistant Intern. **Although both of you are responsible for the safe and appropriate provision of acupuncture, when the Supervisor is in another room, it is the Lead Intern's responsibility to have the team implement the treatment protocol approved by the Supervisor.** The Assisting Intern must be present throughout the entire treatment and the case discussion. Interns may not leave clinic, arrive late or do other non- treatment related work (such as homework) while their Partner is treating a Patient. Both of you are responsible for maintaining the appropriate level of professional medical care at all times.

Clinic partners should communicate with each other as to how they would like their partner to interface with them and with the Patient while they are treating. For example, some Interns welcome their partner's additional questioning of their Patient after an intake while still in the treatment room, while others prefer for the partner to ask additional questions of the primary Intern only after leaving the treatment room.

**Both partners should check the pulse/tongue/abdomen.** During case discussion with the Clinical Faculty, the Assistant Intern participates by listening and gives input or asks questions after the Lead Intern is finished.

**For safety reasons and in order to best track needle counts, ONLY ONE Intern is to insert, remove and count needles.** Both Interns should not be inserting and pulling needles. The Intern who is pulling needles should be the Intern who inserted them and should initial in the space provided on the chart.

## **7.4 Lead Intern's Role with an Assistant Intern**

- Let your patient know you have an assistant, and introduce them. Patients are informed when they sign up at the Eastern School of Acupuncture Intern Clinic that they can expect to have several students with them for their treatments.
- You should allow the Assistant Intern to feel pulses and look at tongues. Let them know the most comfortable way that this will work for you logistically.
- If you are working in a Japanese clinic, work out with your Clinical Faculty when your Assistant Intern will palpate abdomens.
- Beyond checking the tongue and pulse and listening in on case discussions, you may involve your Assistant Intern as much or as little as is comfortable for you. At a minimum, for the Assistant Intern to receive credit for the patient encounter, the aspects of diagnosis (pulse, tongue, hara, etc.) must be performed.

### **7.5 Lead Intern's Role with an Observer/Assistant**

In addition to a Lead and Assisting Intern, there may be a third student in the treatment room acting in the capacity of Observer (first year student) or Assistant (second year student).

The job of the Observer is to observe. The Observer does not palpate pulses or ask questions of the Patient. They must be present throughout the entire treatment and the case discussion. Observers may not leave clinic, arrive late or do other non-treatment related work (homework) while the Intern they are observing under the guidance of the Supervisor with is treating a Patient.

The Assistant is a second year student who may participate more in the treatment process as deemed appropriate by your Supervisor.

The Lead and Assisting Interns generate a Patient contact for each Patient needed. The Observer/Assistant does not generate a Patient contact but does receive credit toward the total number of hours needed to complete his or her clinic time. Any exceptions to this rule will be at the discretion of the Clinic Dean.

### **7.6 Shift Overview**

- 1) Interns should familiarize themselves with the patient schedule for the day, in order to be properly prepared when the Patient arrives. The room assignment will be printed at the top of the schedule; most Interns are assigned to the same room for the duration of the shift. Look over the schedule carefully as it will list your appointments for the day as well as the times of the appointment.

Crossed out names on your schedule could indicate that your patient may have cancelled, inquire with the Clinic Staff.

New patients will be indicated with an NP circled on the schedule. Interns who are specifically requested will have their initials printed in the bottom of the appointment.

If you have an open appointment slot in your schedule for the day, **do not** assume that it will remain open. Check the daily schedule throughout your shift to view changes.

After the first treatment with each Patient, you should discuss the Patient's prognosis with your Clinical Faculty in regards to how often you would like this Patient to be seen in your clinic rotation. You should then convey this information to your Patient and help them to book their next appointment.

2) The Lead Intern has the responsibility for retrieving the Patients' chart. A Patient's chart should be reviewed by the entire Intern Team prior to the Patient's arrival. Special attention should be paid to any medical alerts noted in the chart. Please note that it is the responsibility of the Receptionist to remove charts from the file cabinet.

3) The Clinical Staff does not notify Interns when their Patients arrive. **It is the Intern's responsibility to check the waiting area when they are expecting patients.**

Ask for your Patient in the waiting room by announcing their name loudly and clearly (please consult your Supervisor on how to announce a patient's name while maintaining HIPAA compliance). Before escorting your Patient to your treatment room, inquire if they need to use the restroom.

Each member of the Intern Team should introduce him/herself to the Patient prior to beginning the interview.

4) If the Patient has been treated previously in clinic, the Lead Intern should ask the Patient how he/she felt after the last treatment, and should document the Patient's comments in the chart. If the Patient is being treated in the clinic for the first time, then the Lead should document all pertinent information that arises from the answers to the Team's questions.

5) When the Intern Team has completed their interview of the Patient (which includes looking at the tongue and taking the pulse), the Interns should leave the room and meet with the Clinical Faculty. The Lead should explain the case to the Supervisor and relay the team's findings (i.e., pulse and tongue diagnosis). You are required to arrive at your diagnosis, treatment principle and treatment selection as much as you can **prior to discussing them with your Clinical Faculty**. This allows you to identify specific questions you have about your case. It also allows your Clinical Faculty to evaluate your skill and to identify where they can best instruct you and help you to learn.

6) After meeting with the Interns, the Clinical Faculty will examine the Patient directly while the Interns observe. After the Supervisor's examination of the Patient, the Interns and the Supervisor will leave the treatment room in order to discuss the diagnosis and treatment plan in the conference area.

7) The Interns will then re-enter the Patient's exam room to administer the treatment approved by the Clinical Faculty. Interns are never to begin treatment of a Patient (needle, moxa, etc) until the Clinical Faculty has met with you and approved the treatment. **Interns may never change a prior approved treatment without discussion with the Clinical Faculty.**

8) If the Patient needs to undress for the treatment, they will be given a drape or gown and the treatment team will leave the room allowing the Patient to undress in private. The Patient should

always be asked if they have any questions and whether they are comfortable before treatment is started.

9) The Clinical Faculty will check the point location and needle insertion performed by all beginning Interns. Once this has been done, the Interns will leave the room to write up the chart. The Lead Intern will write in the Patient's chart, while other members of the Team make their own notes of the case. Front and back treatments should not be performed simultaneously.

10) The Lead Intern must document the time that the needles were inserted, and the number of needles used both in the chart and on the Needles In/Out sheet posted in the treatment room. The needles must be removed at the determined time, in order to provide the best treatment to the Patient and to stay on schedule. Patients should be checked frequently while needles are in place and their progress monitored via observation, questioning and on-going diagnostic assessment such as radial pulse palpation.

11) At the appropriate time, the needles are removed and disposed of directly into the sharps container and the needle count should be matched by the Lead Intern to the number documented in the Patient's chart. This count is then documented on the Needles In/Out sheet in the treatment room using the Patient's initials only. Only one Intern should be inserting, removing and counting needles.

12) Once all needles have been removed, the Patient should be asked to get dressed and instructed to proceed to the reception desk. It is important to let a Patient know that the treatment is done, because some Patients are unsure and will remain in the exam room waiting for someone to return.

13) If follow up treatment is needed, it should be suggested to the Patient when it would be best for him/her to return - one week, two weeks, etc. and you should meet your Patient at the desk to help them schedule their next appointment. The need for follow up should have been determined when the Team consulted with the Clinical Faculty. Adjustments may need to be made based on the patient's situational needs (i.e., financial and time availability). Follow up recommendations and or alterations to those recommendations should be noted in the Patient's chart. The file is then signed, in ink (blue or black only/ as of April 1, 2017, only black ink will be accepted), by the Clinical Faculty and the Team. The Lead Intern then returns the Patient's chart to the front desk. Only signed charts, indicating completeness and readiness for filing will be accepted by front desk personnel.

14) Do not leave the clinic without checking to make sure that all signatures are on your Patient's chart. Failure to do so creates an illegal document.

## **7.7 Start of Shift Intern Set-Up Protocol**

Interns are expected to have completed the following tasks prior to the beginning of their shift:

- a. Sign in on the daily attendance sheet.
- b. Change into their iron pressed and clean lab coat with name tag.
- c. Check their room for adequate supplies; obtain any additional supplies from front desk.
- d. Disinfect the treatment table and wooden cart top and lay table paper once each surface is dry. Hospital grade germicidal wipes have been provided for this task.

- e. Check the paper towel dispenser to make sure that it is full.
- f. Make sure that there is a bottle of hand sanitizer (filled).
- g. In areas with a sink, make sure that there is a soap dispenser (filled).
- h. Establish a sterile field on the paper covered wooden table top. Lay out supplies according to CNT guidelines.
- i. Organize the other shelves of the cart
- j. Ensure that the movable shelf of the sharps container doesn't contain needles by pushing the side levers forward to dump shelf contents.
- k. **Visually check the sharps container through the plastic window to make sure that the 3/4 full line has not been exceeded. If exceeded, the intern should request the keys from the receptionist to see if "contents settling" is possible or replacement is necessary.**
- l. Visually inspect the floor of the treatment room for needles, tabs or guide tubes.. If needles are found, fill out an incident report and put it in the Clinic Dean's mailbox. Please use magnetic broom and hemostat to pick up and dispose of needles accordingly. Incident report forms are available from the Receptionist. Use CNT Standard Precautions at all times. **(Do not run your fingers between massage table crease to check for loose needles)**
- m. Check the regular garbage to make sure that the can is empty and trash bag lined.
- n. Check the biohazard garbage to make sure that the can is empty and red bag lined.
- o. Request a Supervisor inspection of the room.

## **7.8 Post-Individual Treatment Clean Up Protocol**

- 2) The Assisting Intern and the Observer should clean up the patient room and prepare it for the incoming patient. Clean up includes the following:
  - A. Disinfect the treatment table and lay new table paper once the surface is dry. Hospital grade germicidal wipes have been provided for this task.
  - B. Re-establish a sterile field on the paper covered wooden table top. Lay out supplies according to CNT guidelines. The treatment kit and supplies of the new Lead Intern should be used in the treatment of the next patient.
  - C. Organize the other shelves of the cart according to the guidelines published in the Clinic Policy manual.
  - D. Ensure that the movable shelf of the sharps container doesn't contain needles by pushing the side levers forward to dump shelf contents.
  - E. Visually check the container through the plastic window to make sure that the 3/4 full line has not been exceeded. If exceeded, the intern should request the keys from the receptionist to see if "contents settling" is possible or replacement is necessary.
  - F. Visually inspect the floor of the room for needles, tabs or guide tubes. If needles are found, use CNT Standard Precautions at all times in their retrieval. If you know that you are missing a needle and cannot locate it, inform your Supervisor immediately.
  - G. Check the regular garbage to make sure that the can is not overflowing and does not need to be emptied.

- H. Return all equipment to its normal place in the treatment room.
- I. Double check that the Needle In / Needle Out sheet is complete.
- J. The “new” Lead Intern should then go out to greet the next patient and introduce the patient care team.

## **7.9 End of Shift Intern Clean Up Protocol**

- 1) Disinfect the treatment table. Hospital grade germicidal wipes have been provided for this task.
- 2) Remove and dispose of the old clean field paper, disinfect the wooden table top.
- 3) Organize the other shelves of the wooden cart according to the guidelines published in the Policy and Procedure manual.
- 4) Ensure that the movable shelf of the sharps container doesn't contain needles by pushing the side levers forward to dump shelf contents.
- 5) Visually check the container through the plastic window to make sure that the 3/4 full line has not been exceeded. If exceeded, the intern should request the keys from the receptionist to see if “contents settling” is possible or replacement is necessary.
- 6) Visually inspect the floor of the room for needles, tabs or guide tubes. If needles are found, fill out an incident report and put it in the Clinic Dean's mailbox. Incident report forms are available from the Receptionist. Use CNT Standard Precautions at all times.
- 7) Take out the garbage and put a new garbage bag in its place.
- 8) Check the biohazard garbage to make sure that the can is empty and red bag lined.
- 9) Return all equipment to its normal place in the treatment room.
- 10) Wash all doorknobs.
- 11) Unplug all electrical items.
- 12) Double check that the Needle In / Needle Out sheet is complete.

The Supervisor should now do a walkthrough of all the rooms to make sure that everything is in order.

## **8. Charting Guidelines**

Documentation in a patient's chart must be legible and statements you record must be clear in meaning and concise in nature. All information that is pertinent to the patient's case must be documented, be it positive or negative. **Always** document the patient's and the patient's family's concerns, patient non-compliance to recommendations that were made, and unusual circumstances that occurred during or after treatment, including bruising, moxa burns, dizziness, and fainting

### **8.1 Ink Color/Acceptable Correction Methods**



All documentation in a patient's chart must be made in black ink (as of April 1<sup>st</sup>, 2017). A patient's medical record is a legal document. Notes may not be written in pencil and correction fluid or tape may not be used when errors are made. Errors may be crossed out by making a **single line** through the portion that needs to be changed, then initial and date the change. Documentation, made in a patient's file, may never be destroyed or replaced with a rewritten account.

## **8.2 Completion of Charts**

All requested information on charting forms (i.e., progress note sheets) must be completely filled in. If something does not apply to the patient's case, simply write N/A, for not applicable, but never leave it blank. You should not be writing information outside of the available spaces. If you need additional space to document treatment, obtain an "Additional Notes" form from the front desk.

## **8.3 Required Forms**

All interns and staff must assure that the following forms are complete and filed in patient's chart prior to beginning treatment:

1. Consent to treatment form: once completed it does not need to be updated. This form remains in the patient file.
2. Health History Questionnaire: Must be *updated every calendar year*. However, you should review this form every term and whenever a patient is new to you.
3. Eastern School of Acupuncture Office Policies: filled out by the patient in their first visit to the clinic.
4. 24 hour cancellation policy agreement: Once signed it remains in the patient's file.
5. Notification to continue medical care with your Primary Medical Doctor

Should you need copies of any of these forms, please ask the clinic receptionist. Every subsequent visit by a patient to you is considered a **Follow up visit** and requires the appropriate documentation.

## **8.4 Documenting Adjunct Techniques**

Techniques, other than needling, that are used during a treatment must first be described to a patient and his/her approval must be obtained (informed consent). Document the description and the risks of the technique as you described them to the patient and note that the "patient agrees." Document any recommendations made to the patient, including that he or she should be seen by a physician, and those regarding lifestyle (i.e., diet and exercise).

## **8.5 Documenting Phone and Outside Contact**

Telephone conversations with patients or family members of the patient must also be documented, and **may only take place with the patient's written authorization** allowing you to speak with a family member. Include in your notes, the date and time of the conversation, if it was with someone other than the patient, note who you spoke with (father, aunt, etc.), the points that were discussed, recommendations that were made to the patient and sign the entry. If you are unsure of how to handle the situation, consult with the Clinical Faculty. This may mean that you have to ask the patient if he or she would mind if you get back to him/her after you consult with your supervisor. The return call should be made the same day! At no time are you allowed to give a patient any way to contact you, other than through the Eastern School of Acupuncture Intern Clinic phone number. Interns should have no contact with patients outside of the clinic except in the case of a pre-existing relationship or a chance meeting.

## **8.6 Documenting No Shows and Cancellations**

No shows and cancellations must be documented in the patients' charts and appointment book. Note the date that the patient did not appear for his/her appointment. Sign the entry and alert the front desk personnel. If the patient cancels an appointment, note the date you are making the entry at the beginning of the line, followed by "cancelled appointment for date," and sign the entry. If the patient rescheduled, please include, "patient rescheduled to date."

## **8.7 Obtaining Authorization for Health Record Information**

In compliance with HIPAA standards, all Eastern School of Acupuncture interns must obtain written permission from the patient before disclosing or obtaining any information about a patient medical or health record. Two forms are used for this purpose:

Authorization for Disclosure of Health Record Information is to be used when **patients are authorizing Eastern School of Acupuncture to release our records to either the patient or another provider.** This form is good for one term or the dates indicated on the form. It is not renewable, past date forms must be completed anew.

Authorization to Obtain Information is to be used when an Eastern School of Acupuncture Intern or Clinical Faculty **requests permission from the patient to obtain medical or health information from another provider.** Once signed, this form is valid until the patient revokes the permission.

Both forms must be signed and dated by the patient and a witness and should be kept in the patients' health record.

# **9. Patient Care, Rights and Responsibilities**

## **9.1 Patient Scheduling**

To make an appointment, patients must call the Eastern School of Acupuncture Intern Clinic reception desk at 973-746-2848. Patients may not schedule more than three advance appointments, in order to allow other patients to have the opportunity to schedule with that particular intern at that time.

At the first treatment, you should discuss the patient's prognosis with your Clinical Faculty, and communicate this information to your patient so that they can plan accordingly. You may have a patient who would benefit from a second weekly appointment. If you do not have any openings in your schedule, please refer them to your clinic partner or one of your classmates with an open slot. You should be trying to cultivate patients in clinic the same way you would in private practice. Encourage your patient to return to see you for treatment, walk them to the desk and help them schedule an appointment.

## **9.2 Cancellation Policy**

Patients are required to give at least 24 hour notice if canceling their appointment. Missed appointments are documented on the patient's treatment Intake Form and put in their chart as if a visit had occurred. If a patient gives less than 24 hours' notice or fails to show up for an appointment, and this occurs more than three times consecutively, the Intern has the right to refuse treatment. The Clinic Dean will make any final administrative decisions on a patient's access to treatments.

## **9.3 Late Policy**

If a patient arrives more than 15 minutes late, the Intern reserves the right to refuse treatment. If treatment is given, it must be abbreviated and end at the time it was originally scheduled to end. If a patient arrives more than 30 minutes late, they will not be seen for that appointment and must schedule another. If a patient is chronically late, the Clinic Dean will make any final administrative decisions on a patient's access to treatments.

## **9.4 Continuing to Treat Patients For More Than One Term**

All patients in the Eastern School of Acupuncture Intern Clinic are encouraged to continue receiving care from the same Intern. You should be learning how to cultivate and maintain a patient base. If you are having trouble scheduling repeat visits with patients, this is something that can be addressed. Now is the perfect opportunity to work on these skills! If you feel the issue is not in your follow-up or treatment abilities but rather an issue with clinic scheduling, please contact the Clinic Dean to discuss possible solutions.

## **9.5 Patients Who May Be Inappropriate for Treatment**

On a very rare occasion you may see a patient who you think is inappropriate for the teaching clinic. You should discuss the case with your Clinical Faculty and decide together if you think the patient should be cancelled or reassigned.

If you conclude that the patient should be cancelled, your Clinical Faculty will discuss this with the Clinic Dean, who will make the final decision.

Reasons for a patient not being appropriate for the Eastern School of Acupuncture Intern Clinic include but are not limited to: inappropriate behavior, mental illness that interferes with your ability to render treatment, a condition that is not able to be addressed by acupuncture, or refusal on the part of the patient to see a western medical provider if asked.

## **9.6 Protocol for Patients Mentioning Suicide**

Interns who encounter patients who mention suicide should get immediate assistance from the Clinical Faculty.

National Suicide Hotlines:

**National Hopeline Network: 1-800-784-2433**

**National Suicide Prevention Hotline: 1-800-273-8255**

Local Resource:

**Bloomfield Mental Health Resource Center: 973-680-4017**

## **9.7 Acupuncture and Drug Detoxification**

**Eastern School of Acupuncture does not provide detox treatments in the teaching clinic.** If a patient presents to the clinic with a main complaint of wanting a detox from drugs or alcohol, the patient must be referred to acupuncture detox clinics. This is a serious treatment and must be done in a more formal setting with the proper supports and resources.

## **9.8 Ethical Behavior**

The practitioner/intern is responsible for maintaining appropriate boundaries at all times, examples are as follow:

- There should be no romantic or sexual contact between the practitioner/intern and the patient as long as the professional relationship exists. The practitioner/intern will not make any verbal, manual or physical suggestions or inferences of a sexual nature.
- All patients should be informed that they have a choice as to the degree of undressing they undertake during treatment, and patients should dress and undress in private.
- The practitioner/intern will obtain verbal consent before undraping the breasts, genitals, abdomen, or buttock area.
- The practitioner/intern uses only the hands to palpate and only the hands and arms to perform massage. The practitioner/intern uses only the knee or lateral aspect of the hip or leg for bracing - never the front of the pelvis

- The practitioner/intern will use appropriate clinical terminology when speaking about body parts or functions.
- The practitioner/intern will not probe into the patient's sexual history beyond what is necessary for treatment, nor will the practitioner/intern give value judgements on a patient's behavior even if asked.

## **9.9 Sexual Misconduct and Harassment**

Palpation for diagnostic purposes or point location and therapeutic massage are important elements of diagnoses and treatment. However, it is important to obtain the patient's permission to touch, palpate or massage, especially near sexually sensitive or intimate areas. The following behaviors are considered sexual misconduct or harassment:

- Unnecessary references to sexual acts or behavior
- Touching of one's own intimate areas in a sexually suggestive manner.
- Physical contact between a student or employee of The Eastern School and a patient that is sexually suggestive.

## **10. Clinic Supplies**

### **10.1 Intern Supplies**

Each room will be stocked with a sufficient amount of needles for your shift. If you should upon your pre-shift room inspection or at some point during the shift find that you need additional needles, you can check them out from the reception desk. Bring the empty box to exchange for a new box. Please be sure you have enough supplies to avoid having to try and obtain more needles from what will be an active reception desk once the shift begins.

Other supplies that you may need such as the e-stim machine, tweezers or other items not already in your treatment room can be signed out from the reception desk using the Supply Sign-Out sheet. These items must be returned and signed back in by the end of the shift or you will incur a penalty. If you sign it out, you should sign it back in to be sure it gets there - do not rely on a fellow student. Whoever signs out an item will ultimately be responsible for that items return.

### **10.2 Ordering Clinic Supplies**

If you are having any issue with obtaining clinic supplies or feel the clinic is not well stocked, please contact the Clinic Dean to remedy the situation.

### **10.3 Additional Equipment Required**

All personal equipment required for your clinical rotations should be purchased before clinic begins, and all items should be marked with your initials.

Required equipment for Kiiko style shifts include:

**Diode Rings**  
**Diode Chains**  
**Pachi-Pachi**  
**Ion Pumping Cords**  
**Triple Bypass Cords**  
**Manaka Hammer**  
**Tiger Warmer**  
**Super Pure Moxa**  
**Shiunko Cream**  
**Kyutoshin**  
**Penlight**  
**Lighter**

#### **10.4 Equipment Available for Use in Clinic**

When you need equipment, you must sign it out and sign it back in. Do not keep equipment for an entire shift; these supplies are to be shared by all interns in the clinic.

All cups must be cleaned by the Intern who uses them after their use. Just as you will want to have clean cups available when you need them, your fellow Interns will want the same courtesy. Interns who leave cups unclean are subject to disciplinary action.

The following equipment is available for use by sign out from the Clinic Receptionist:

- Electrical Stimulation Units
- Fire cups
- Blood pressure cuffs
- Stethoscopes
- Thermometers
- Matches
- Vaseline
- Salt
- Massage oil
- Safety goggles
- Seirin/EACU needles

#### **10.5 Treatment Rooms and Supply Cart**

All supplies and equipment in a treatment room are to stay in the room unless the item is broken. You will be assigned one treatment room for each day that you are scheduled in the clinic. Under no circumstances are you to change your room assignment or use an empty room without prior authorization from the Clinic Supervisor

Interns are responsible for stocking and restocking the following supplies: table paper, refilling empty dispensers (alcohol, cotton balls, swabs, and paper towels), sharps container, gloves, soap, and first aid supplies etc.

Each intern is responsible for the room that they use. If there is a problem with how you find the room, report it to the Clinic Dean.

It is important that you leave your treatment room in order when your shift is over. Do not leave any of your equipment in the room or in the clinic.

At the end of your shift, you and your partner are responsible for turning off space heaters, heat lamps, closing and locking windows, turning off lights and fans, straightening the room, cleaning off the treatment cart, taking out all personal belongings and checking the floor and surfaces for stray needles.

All cups must be cleaned and put away. All furniture must be put in its proper place.

## **11. Safety While Treating**

For additional information on safety and reducing the possibility of transmission of disease through acupuncture needles please refer to the current version of The National Acupuncture Foundation's Clean Needle Technique Manual for Acupuncturists.

### **11.1 CNT Standard Precautions**

Observing CNT Standard Precautions means that all needles are assumed to be potential sources of exposure to any known or unknown blood-borne pathogens such as HIV, Hepatitis B or Hepatitis C. Upon withdrawal, each needle should immediately be placed in a red sharps container. Needles should NOT be removed and placed into another container and then later placed into the sharps.

All clinical students should be aware of the following:

- It is prohibited to carry needles in cotton balls
- It is prohibited to place used or open packages of needles in pockets of a lab coat.
- All used needles must immediately be placed in a red sharps container. Do not overfill sharps containers. Once a container is 2/3 full it should be sealed and disposed of properly. Do not place cotton balls, needle wrappers, gloves or other items in sharps container.
- It is prohibited to reuse needles, even on the same patient. It is possible to spread infection from one part of the body to another. This may result in infection of the skin or general septicemia in the patient.

- Hands must be washed before and after every patient contact. Failure to hand wash is the most common cause of infection in clinical setting. It is recommended that hands be washed immediately before the acupuncture procedure, after contact with blood or bodily fluids or obvious environmental contaminants, at the end of treatment, and whenever they become contaminated during a treatment.
- All points must be cleaned with 70% isopropyl alcohol before inserting needles.
- If needles are detected on the floor they are to be picked up following established work safety protocols and placed in the nearest sharps container. If there is a needle spill, use gloves and forceps for picking up the spilled needles. The spill area should then be disinfected with a germicide since the HBV virus can survive on surfaces for more than one week at room temperature. All materials used in the cleanup job should be discarded in double wrapping. The last step is hand washing.

## **11.2 Clean Needle Technique**

### Basic principles

- Always wash hands between patients, and before and after needling\*
- Always use sterile single-use needles and other instruments that may break the skin, such as seven-star hammers and lancets.
- Always establish a clean field before performing acupuncture. - Always immediately isolate used needles and other sharps.

\*In the event it is impractical or impossible to wash hands with soap and water, an alcohol-based disinfectant may be substituted.

### **1. Needles**

Needles must be removed from the sterile packaging in such a way as to avoid contamination. It is critical that the needle shaft be maintained in a sterile state prior to and during insertion. Nothing non-sterile must touch the shaft of the needle prior to insertion. The package should be opened and folded back in such a way that when the needle is removed, the shaft does not touch part of the packet that was touched by the fingers while opening the packet. Needles that are opened may be used later during that day, as long as their sterility has been maintained.

Needle insertion and manipulation must be performed without the practitioner's bare hands coming into contact with the shaft of the needle. If the shaft must be supported, a sterile gauze pad is used.

Needle guide tubes must not be used on more than one patient.

### **2. Setting Up**



- Disinfect all surfaces in the clean work area daily and whenever visibly contaminated or whenever a patient may have contaminated the surface, for example by sweating.
- Wash hands thoroughly with soap and water. Wash the entire surface of hands between the fingers, around and under the fingernails and up to above the wrist.
- Refrain from touching a contaminated area after washing.
- Lay out a clean field without contaminating it.
- Set out equipment and supplies without contamination.
- Set out needles and other sterile equipment in center of clean field.

### **3. Needle Insertion**

- If clothing obstructs area, roll up pant leg or move skirt. Re-clean hands, clean site with alcohol swab using an outward spiral or one-way wipe, and properly dispose of alcohol swab.
- Allow alcohol to dry before inserting needle.
- Avoid contaminating site after cleaning.
- It is acceptable clean technique to palpate the acupuncture point after cleaning the skin, as long as the hands are clean and have not been contaminated.

### **4. Manipulation of sterile needle**

- Maintain clean hands throughout procedure.
- Remove needle from sterile area maintaining sterility of needle shaft. If guide tube is used, put needle in handle first, keeping tube clean. If needle shaft is supported, it is held with sterile gauze or cotton. Rotate needle without touching shaft or site with anything un-sterile.

### **5. Withdrawal of Needle and Closure of Hole**

- Withdraw needle without touching shaft or hole with hands.
- Apply pressure to site with clean dry cotton swab, cotton ball or gauze. Immediately dispose of used cotton in waste bag.
- Immediately dispose of needle in sharps container. Using the level on either side of the shelf/ledge, slowly tilt the shelf/ledge forward so that the needles drop safely into the sharps container. Please note that the hinged shelf/ledge has a small groove that will on occasion retain needles even after the shelf/ledge has been tilted forward. In

order to make the needles caught in this groove fall, gently tap the outside of the shelf/ledge when the shelf/ledge is in the upright position.

Do not place removed needles into any other container but the sharps. It is NOT clean needle practice to remove the needles using a separate non-sharps container and then disposing of all of the dirty needles at once into the sharps.

Do not place cotton balls or swabs into these containers. Any used non-sharp materials that are not blood-saturated should be placed in the wastebasket with the normal trash. If there are blood-saturated non sharps materials, they should be placed in the biohazard bag

- Wash hands after removing the needles and after cleaning up.
- **Only one Intern should be removing needles and keeping count for safety purposes.**

### **11.3 Additional Needle Handling/Disposal Information**

- All needles are to be disposed of into the sharps container, even needles that were never inserted into the patient. Once a needle has been opened, sterility no longer exists and the needles must be disposed of.
- The number of needles used on each patient should always be noted on the Needle In/Needle Out sheet posted on the wall of each treatment room. If then numbers do not match and a needle is missing, carefully scan the floor and use tweezers to pick it up and properly dispose of it in the sharps container. If the needle cannot be located, notify your supervisor immediately.
- When you notice that the biohazard container is 2/3 full, notify reception and they will replace with a new one.

### **11.4 Gloves and Hand washing**

Wear impermeable disposable gloves and face protection for all procedures that may produce or may involve the handling of blood or body fluids, i.e. bloodletting, weepy rashes, poison ivy, etc. Change gloves and wash hands between patients or when glove integrity has been compromised (torn, punctured). Rubber gloves are required when cleaning up a spill. Gloves do not need to be worn during the insertion of acupuncture needles, except when the intent is to draw blood. According to CNT protocol, gloves and cotton balls are strongly recommended when removing needles. Latex and non-latex gloves are available.

**Hand washing is the single most important means of preventing the spread of infections. Good hand washing technique involves the mechanical removal of dirt and microorganisms by sudsing, friction, and rinsing with running water. Follow the established guidelines outlined by CNT protocol.**

**Recommendations for hand washing include: between glove changes, immediately after touching any potentially infectious materials and before and after using the bathroom as well as before and after every treatment. Always wash your hands before leaving the clinic area and before and after eating/drinking.**

Eating, drinking, applying cosmetics, handling contact lenses, etc., are prohibited in areas where infectious materials are possibly present such as in the treatment rooms.

### **11.5 Prohibited Procedures**

- Blistering Moxibustion
- Blood letting with a three-edged needle
- Pricking followed by cup application (bleeding cups)
- Bone setting techniques
- Any techniques that are not a part of the Eastern School curriculum

### **11.6 Conditions That Can Not Be Treated In Clinic**

Please keep in mind that there are also certain conditions that cannot be legally treated in our clinic, such as cancer, epilepsy and obstetric conditions. While patients with these conditions can be treated, the condition itself cannot be the chief complaint and what is directly being treated. You must limit your treatment not to the disease, but rather to the symptoms of these conditions.

Treating a pregnant patient can be the most difficult to determine in terms of what treatment is covered by the Base Acupuncture Malpractice Insurance and what is not. Additional coverage to treat obstetrics is available through the insurance carrier, depending on each state's laws regarding such practice. The Eastern School Clinic does NOT carry this additional coverage. This does not mean that once a woman becomes pregnant she cannot be treated with acupuncture. It does mean that the acupuncturist cannot treat or manage a pregnancy. As long as the woman's pregnancy is being managed by a medical doctor, an acupuncturist may continue to practice acupuncture on her. For example, if a pregnant woman who is under a medical doctor's care comes for acupuncture for morning sickness or back pain, you are allowed under the Malpractice Policy to treat her for those conditions. However, once a woman goes into labor you will no longer be covered by your Acupuncture Malpractice policy as that would be considered obstetrical care.

Other treatments that would not be covered and would be considered to be the practice of obstetrics includes inducing labor in a pregnant woman and attempting to turn a fetus (breech). Performing either of these treatments would NOT be covered by the Base Acupuncture and Malpractice Policy, and is forbidden to practice in the Eastern School Clinic.

### **11.7 Accidental Needle Stick Protocol**

Should a needle stick occur, immediately notify your supervisor and the Clinic Dean. Information and incident forms are located in a binder at the Clinic Receptionist desk.

This Binder includes the following information:

- Procedure to follow post needle stick
- Incident Report
- Source Patient Consent
- List of places to go for treatment

### **11.8 Incidents in the Intern Clinic**

An incident may involve any of the following: a slip and fall, a theft or crime, an injury related to treatment, or a needle stick. If a needle stick or blood exposure is involved please refer to the protocol listed above. All incidents in any clinic should follow the same action protocol.

- Immediately alert the Clinic Receptionist, the Clinical Supervisor and a member of the school's administration (Academic Dean, Clinic Dean, School Director) of the potential situation
- Offer medical attention, and submit all appropriate paper work to the Health and Safety Officer for the Eastern School of Acupuncture, the current Clinic Dean.
- Individuals should fill out an Incident Report

### **11.9 Biohazards: Your Right to Know**

The Occupational Health and Safety Administration (OSHA) require that workers handling chemicals and biohazard materials must be provided with information regarding the nature of that hazard. All Interns must complete the OSHA safety training and accompanying quiz before beginning clinic.

During your clinic rotation(s), you will be handling chemicals and biohazard materials. Safety masks and utility gloves are located in the supply cabinet. When using bleach, all three pieces of protective clothing should be worn. Carefully read and follow the information provided in the Eastern School of Acupuncture Safety Training and Safety Manual. Other safety information can be found posted in the reception area bulletin board.

## **12. Emergencies**

### **12.1 Patient Emergency**

If a patient presents signs of a medical emergency, your supervisor should be notified immediately, and someone should be directed to call 911. If there are needles in the patient, they should be removed immediately, unless they are specifically intended to stabilize the patient.

### **12.1 Clinic Fire Safety**

- If fire or smoke is detected, pull the alarm on the nearest fire alarm box and call 911 and report the location and type of fire. The nearest pull stations are on the 4<sup>th</sup> floor of the building located outside the restrooms through the first wooden doors leading to the stairs. Communicate a fire to all persons in clinic and in school.
- Remove all needles from a patient. Remove all patients from the area from immediate danger
- Contain/Close doors of the fire room to isolate and contain the spread of smoke and flames.
- Evacuate – Evacuation Map is attached at the end of this handbook.

### **12.2 Fire Outside Clinic Area**

If the fire alarm is activated and the fire is not in the clinic, the following procedures will be followed:

- Close all doors
- Remove all needles from the patients. Prepare to take the patients out of treatment. Plan for an evacuation – know which exits are available.

When a fire alarm is activated, the Clinical Faculty will call the Director and inform of the situation.

### **12.4 Evacuation Procedures**

- The nearest fire exit is the door to the left of the ladies room leading to the stairs. Instruct the patients, visitors, and interns to line up, and follow a designated person to a protected area or the evacuation area, depending on the situation.
- The Clinical Faculty is responsible for seeing that all person are evacuated from the clinic and also is responsible to do a head count at the evacuation area. Any person not accounted for will be reported to a fire official.
- If a patient comes with an oxygen cylinder, remove them to a safe location away from heat and explosion hazards. If a person is wheelchair bound, an intern with a working cell phone will be assigned to move this patient to a safe location on the fifth. The supervisor will provide the location and phone number to the fire department for evacuation.

## **12.5 Fire Extinguishers**

When you report to clinic, note the location of each fire extinguisher in the treatment rooms. Become familiar with the proper use of the extinguishers. The extinguishers used at Eastern are All Purpose Dry Chemical Extinguishers/Type ABC. They are useful for all fires.

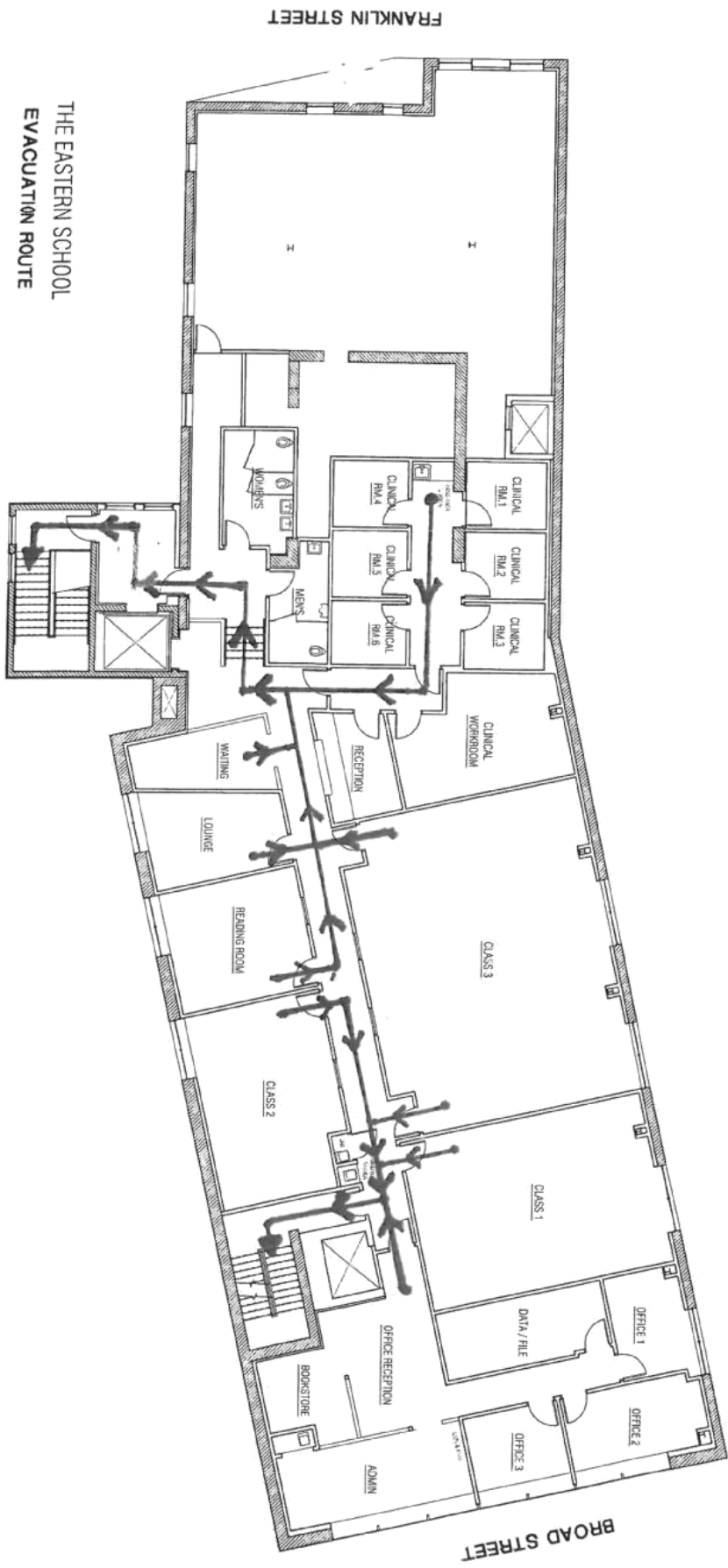
How to use: Remove pin, aim and hold nozzle, then squeeze the trigger. Sweep the extinguisher from side to side, covering the area of the fire with the extinguishing agent.

## **12.6 Emergency Numbers**

Bloomfield Ambulance and Police 24 hours.....911 or 973-680-4141

Poison Control Center.....800-764-7661

National Suicide Hotline..... 800-784-2433



THE EASTERN SCHOOL  
EVACUATION ROUTE