



**ESATM presents Alzheimer's and Brain
Health Awareness Day!
Thursday, June 13, 2024
10:00am-4:00pm**

Yoga 10:00-11:45

**TCM Meditation and QiGong for Brain Health
11:00-12:00**

Free Community Acupuncture 11:00-3:00

Free Reiki and Sacro Cranial Massage 10:00-4:00



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