

Jeffrey Yuen

Topic: Healing in the Process of Dying from a Daoist Medical Perspective

Death and dying -- like life and living -- are intrinsic aspects of the human condition, both conferring their challenges and difficulties for the health-care provider. When confronted with patients that are dying, many clinicians often find themselves feeling uncomfortable and displaced into a space of fear and resignation (just like their patients). Unfortunately, such circumstances can hinder the practitioner's ability to work with the dying in a peaceful and nurturing manner. This class attempts to clarify the death process within the perspective of Chinese medicine, as influenced by Daoism, so that the dying process can be equally healing to both the clinician and the patient.

Goals & Objectives:

- To understand the Chinese medical perspective on death and dying based on Daoism
- To develop and utilize techniques to ease the fear and pain during the dying process
- To realize the lessons offered in working with those who are dying
- To offer techniques for the bereaved

Detailed Agenda:

Day 1:

- 10:00-10:45am: The Human Conditions of Life & Death
- 10:45-11:30am: Process of Dying - Separation of Ling-Soul from Sheng-Body
- 11:30-11:45am: Break
- 11:45-12:30pm: Techniques to Support the Dying with Acupuncture
- 12:30-1:30pm: Lunch
- 1:30-2:15pm: Techniques to Support the Dying with Essential Oils
- 2:15-3:00pm: Factors that Hinder the Dying Process
- 3:00-3:15pm: Break
- 3:15-4:00pm: Factors that Hinder the Dying Process (Continued)
- 4:00-4:45pm: Signs of Impending Death
- 4:45-5:00pm: Questions & Answers

Day 2:

- 10:00-10:45am: Death in Chinese Medicine - the Influence of Chinese Religion
- 10:45-11:30am: Rituals for the Deceased
- 11:30-11:45am: Break
- 11:45-12:30pm: Support for the Bereaved
- 12:30-1:30pm: Lunch
- 1:30-2:15pm: Support for the Bereaved (Continued)
- 2:15-3:00pm: The Notion of Zong-Ancestral Qi
- 3:00-3:15pm: Break
- 3:15-4:00pm: Different Aspects of the Ling (Po, Hun, and Shen)
- 4:00-4:45pm: Synopsis of the Lessons of Death & Dying
- 4:45-5:00pm: Questions & Answers