



Herbal Program Curriculum/Schedule

The course of study will be 6 trimesters (15 week trimester)

Trimester 1

HT100 Herbal Theory I/Eastern Nutrition	3 credits	(45 hours)	Thurs. 6-9
MM100 Materia Medica Single Herbs I	3 Credits	(45 hours)	Sun. 2-5

Trimester 2

MM200 Materia Medica Single Herbs II	3 Credits	(45 hours)	Thurs. 6-9
MM300 Materia Medica Single Herbs III	3 Credits	(45 hours)	Sun. 2-5

Trimester 3

HF100 Herbal Formulas I	3 Credits	(45 hours)	Thurs. 6-9
HF200 Herbal Formulas II	3 Credits	(45 hours)	Sun. 2-5

Trimester 4

HF300 Herbal Formulas III	3 credits	(45 hours)	Thurs. 6-9
HT500 Herbal Theory II Survey Herbal Classics	3 credits	(45 hours)	Sun. 2-5
Herbal Case Rounds	1 credit	(30 hours)	

Trimester 5

HPM500 Herbal Practice / Management	3 credits	(45 hours)	Thurs. 6-9
DCS500 Diseases & Herbal Case Studies	3 Credits	(45 hours)	Sun. 2-5
Herbal Clinic Internship 1	2 credits	(60 hours)	
Herbal Case Rounds	1 credit	(30 hours)	

Trimester 6

Herbal Clinic Internship 2	2 credits	(60 hours)	
Herbal Clinic Internship 3	2 credits	(60 hours)	

Total:

Didactic hours: 450
 Didactic Credits: 30
 Clinical Hours: 240
 Clinical Credits: 8

Total Hours: 690
 Total Credits: 38.0

Total # of MM herbs=300 single herbs covered (7 herbs covered in each class)

Total # of HF formulas=160 (4 formulas covered in each class)

For more information about the Traditional Herbal Program please contact the admissions office or visit our website at www.esatm.edu